

FEBRUARY 7 - 13, 2013

25 CENTS NEWSSTAND PRICE



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Cast members of "Conform" are (back row, from left) Maddie Helms, Jeremy Washington, Ashley Rosenstein, Amita Rao, Caroline Collier, Cameron Daly and Stephanie Rathjen; and (front row, from left) Josh Lee, David Strauch and Marcus Schmidt.

From Serious to Hilarious

Centreville High presents its One-Act Play Festival.

BY BONNIE HOBBS
CENTRE VIEW

Comedy, drama and everything in between are on tap during Centreville High's One-Act Play Festival. It's slated for Friday, Feb 15, at 7 p.m. and Saturday, Feb 16, at 2 p.m. Tickets, good for both days, are \$5 at the door.

Six short, student-directed plays will be presented, and all will run each of the two days. And that Saturday, the audience will receive a bonus, one-act play, "Deliver Us Not," a hilarious conver-

sation among three fetuses in the womb, discussing the world beyond what they know.

"These kids are really dedicated to what they're doing," said Centreville Theater Director Mike Hudson. "They've planned this for two years. They've got great ability to judge the talent of those who've auditioned, and they've made mature choices."

"I can see and hear myself in them when they're running their rehearsals, and it's been eye-opening for me," he continued. "And by being directors themselves, they've realized the reasons for some of my choices."

The student directors are all seniors, and their shows are: "Everything You Want," "Louder, I Can't Hear You," "Circuits," "Conform," "Balloon Shot"

SEEFESTIVAL. PAGE 8



Centreville's student directors are (from left) Binta Barry, Ashley Rosenstein, Kent Clingman, Sarah Wills, Daniel Lindgren and Emma O'Brien.

Bank Approved For Centreville Site

BB&T is coming to Sully Station Shopping Center.

BY BONNIE HOBBS
CENTRE VIEW

It's official — at long last, something is being built on the vacant pad site at the right end of the Sully Station Shopping Center. That something will be a BB&T Bank, which got a thumbs-up, last Tuesday, Jan. 29, from the Fairfax County Board of Supervisors.

"It finally closes the loop," said Supervisor Michael R. Frey (R-Sully). That shopping center was built in 1986 and, although businesses moved into the rest of the center, nothing ever came to the free-standing portion on one side of it. Said Frey: "I've never seen a pad site sit empty so long."

The shopping center is on Stone Road in Centreville and, over the years, many businesses expressed interest in going there, but they were never the right fit. "There were fast-food restaurants, gas stations, even a car-repair place," said

Frey. "But I told them 'no' because I didn't think there was any way the community would accept them because of the noise and traffic congestion they'd bring."

But a bank is less intrusive, he said. "This use is quieter, has less traffic and will have a lower profile and lights, plus shorter hours," said Frey. "The vehicle drive-throughs are one way and the parking is separate. And a lot of people use banks for the ATMs, and that spreads the traffic out even more because that's available 24 hours a day."

Before the supervisors approved the project, it received an OK from the county Planning Commission on Nov. 29. But its first stop was at a meeting of the Sully District Council of Citizens Associations and its Land-Use Committee, where attorney Bob Lawrence presented details of the plan.

BB&T stands for Branch Banking and Trust, and the new bank will be in a 3,221-square-foot building. It'll have two drive-through windows and a drive-up ATM machine.

"Instead of office buildings, with more square footage — as origi-

SEE BANK. PAGE 10



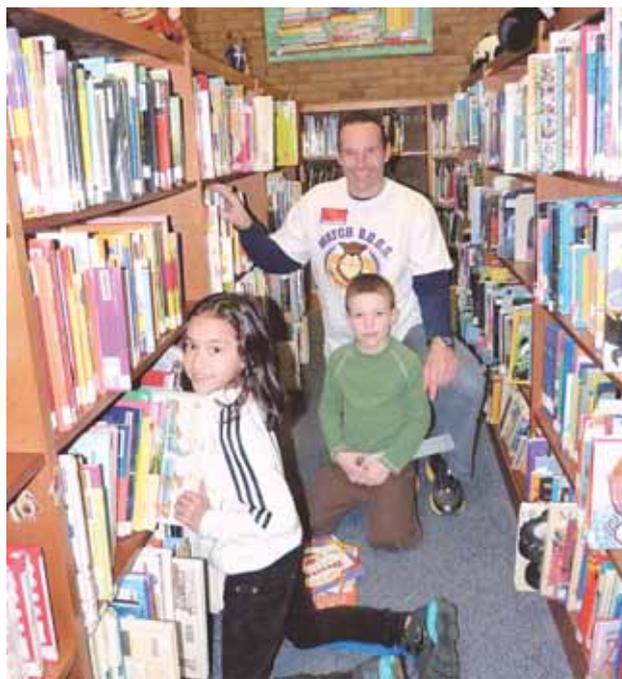
An artist's rendition of the new BB&T Bank that will be built in the Sully Station Shopping Center in Centreville.

PRSR.T STD.
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

NEWS

Watch D.O.G.S.

Union Mill Elementary has the Watch D.O.G.S. program at its school for the 2012-2013 school year. Watch D.O.G.S. stands for Dads Of Great Students, a nationally recognized father involvement, educational initiative that allows fathers and father figures to be positive role models in schools, while providing extra eyes for safety and security. At Union Mill, Watch D.O.G.S. volunteers spend an entire school day helping in classrooms, the cafeteria, gymnasium, and library, as well as assisting with the arrival and dismissal of students at the main entrance, in the bus loop, and at Kiss-N-Ride. Since Union Mill launched their WATCH D.O.G.S. program in November 2012, more than 20 dads, uncles, grandfathers, and other father figures have volunteered.



Fun with Dads During a recent morning filled with sports activities, dads wear their favorite team jerseys and get to interact with their children and other dads at Clifton Children's Academy. Families are from Centreville, Clifton, Chantilly and Burke. Clifton Children's Academy, located in Centreville, is celebrating its 15th year serving the community. Visit www.childrensacademy.com.

Learning about Lacrosse



On Jan. 24 and 25, students at Union Mill Elementary learned about lacrosse. Coaches and volunteers from Southwestern Youth Association (SYA) Lacrosse demonstrated skills and rules of the game. Students went through various stations where they practiced their scooping, throwing, and other ball handling skills. All Union Mill students in grades K-6 participated during their PE classes.

20 Years in Business

Centreville Square Animal Hospital, part of Northern Virginia Veterinary Associates, is celebrating its 20th anniversary.

NVVA hospitals are accredited by the American Animal Hospital Association, and they offer boarding and grooming services in addition to providing veterinary care.

Most of the animals that go through the Northern Virginia Veterinary Associates hospitals are dogs and cats, but they do treat the occasional bird, ferret or potbellied pig.

Dr. Adam Ainspan began working at Centreville Square Animal Hospital 20 years ago

and bought it with his partner, Dr. Jay Margolis, in 1992.

Ainspan and Margolis met at the University of Tennessee College of Veterinary Medicine.

Ainspan also owns Graham Grace stables, which races horses in Delaware, Pennsylvania and Kentucky. "They never race too much,"

Ainspan said. "They never race too young. All the bad things you hear about horse racing, we try to avoid [through] the way that we raise our horses and the way that we race them."

— EDISON RUSS



PHOTO BY EDISON RUSS/CENTRE VIEW

ROUNDUPS

Help Improve School Safety

The Citizens Advisory Committee of the Sully District Police Station will host a program called "School Safety Starts With You." It's set for Wednesday, Feb. 13, at 7:30 p.m., at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly.

Parents curious about the measures and steps in place to protect their children at school are urged to attend and learn how safe their children are and what their role is in keeping them safe. Residents are encouraged to bring their comments, questions and concerns.

Said Capt. Ed O'Carroll, the station commander, "We want to further our commitment to school safety by educating parents about security awareness, as well as how they can assist us in keeping public and private schools safe."

School safety experts from the FCPS Office of School Safety and Security, and the Fairfax County Police Department's School Resource Officer (SRO) program, will be on hand to present information and answer questions. For more information, call Sully Station Crime Prevention Officer Tara Freucht at 703-814-7018.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Feb. 14, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Food Donations for WFCM

Western Fairfax Christian Ministries' (WFCM) food pantry urgently needs donations of spaghetti sauce, canned fruit, rice (2-lb. bags), canned pasta, peanut butter, canned tuna and meat, hot and cold cereal, fruit juice, and pancake mix and syrup.

Bring all items to WFCM'S new food-pantry location at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place shopping center.

The WFCM thrift store is slated to reopen Saturday, Feb. 16, at 13939 Metrotech Drive, near the Lotte Market, also in Sully Place. Store hours will remain the same -Monday-Friday, 9 a.m.-6 p.m., and Saturday, 9 a.m.-5 p.m. But starting Tuesday, Feb. 19, donation hours for clothing, household goods and furniture will be Tuesday-Saturday, 10 a.m.-4 p.m.

Citizens Fire and Rescue Academy

Area residents wanting to learn more about the Fairfax County Fire and Rescue Department may now have the chance. They may participate in a nine-week program showing them what firefighters and paramedics do every day.

Applications to the first-ever Citizens Fire and Rescue Academy will be accepted until Feb. 18 or until the class of 25 is filled. The free program is open to those at least 18 years old. The academy will begin March 28, 2013, meeting for nine consecutive weeks, from 6-9 p.m., at various locations.

Each session will cover different aspects of the organization, providing an in-depth overview of it and its uniformed and civilian workforce. Program topics include fire suppression, emergency medical services, training, recruitment and special operations. Apply at www.fairfaxcounty.gov/fr/cfa.

Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer Solutions at 703-324-5406, TTY 711, VolunteerSolutions@fairfaxcounty.gov or visit www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.

NEWS

CENTRE VIEW EDITOR STEVEN MAUREN
703-778-9415 OR CENTREVIEW@CONNECTIONNEWSPAPERS.COM



Julie Kearns, A Forever Home Rescue Foundation volunteer, prepares to give one of the rescues to its foster home where it will await a permanent adopter.



A Forever Home Rescue Foundation volunteer receives a new collar for the rescue dog he will be looking after until a permanent adopter can be found.

Above, Julie Kearns, A Forever Home Rescue Foundation volunteer, surveys the arriving dogs who have just been rescued from a backyard breeder in rural Virginia on Saturday morning, Feb. 2. The 21 dogs were brought to the Greenbrier Shopping Center parking lot in Chantilly where some of them were taken to foster homes. In the days following the rescue, the dogs will be groomed and receive any medical care that they might need, which is estimated to cost between \$30,000-\$50,000.



Above, Joanna Kay, A Forever Home Rescue Foundation foster parent from Centreville, receives her rescue dog that she will take care of until a permanent adopter is found.



Julie Kearns and Greg Brummett, A Forever Home Rescue Foundation volunteers, check to make sure each dog who is put in to foster care is carefully documented and accounted for.

PHOTOS BY
AARON THOMAS
CENTRE VIEW

‘How Far Should Science Push?’

Westfield High presents “Flowers for Algernon.”

BY BONNIE HOBBS
CENTRE VIEW

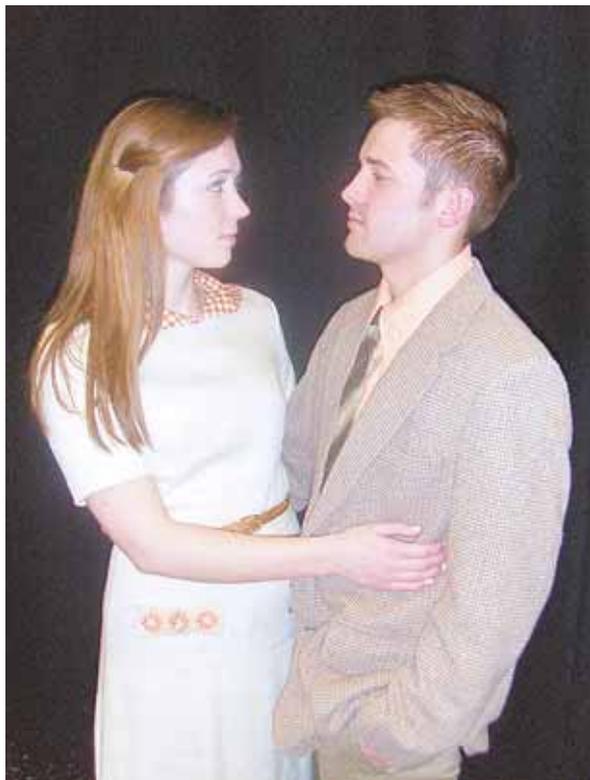
The past two years, Westfield High won a slew of Cappie awards with musicals. But this time, its Cappies show is “Flowers for Algernon,” a thought-provoking drama with a serious message.

The curtain rises Friday-Saturday, Feb. 15-16, at 7:30 p.m.; and Sunday, Feb. 17, at 2 p.m. Tickets are \$10 in advance via www.westfieldtheatreboosters.com, and \$12, adults, and \$10, students, at the door. All seating is reserved.

“The kids wanted to do a drama this year and I have really strong actors, so I wanted to highlight them,” said Director Susie Pike. “And I love this play’s message that there’s always hope, and we need to accept all people and look at everyone’s strengths and gifts.”

In the play, Charlie Gordon is a 32-year-old mentally challenged man with a 68 IQ. But he undergoes an experiment — previously only tested on mice — that raises his IQ to genius level. “The story’s also about his relationships with his teacher, parents and doctors, and what happens when he realizes he’s beginning to revert back,” said Pike. “It’s very poignant.”

There’s a cast and crew of 36 and, said Pike, “It’s beautiful for me to watch these young adults portraying such complex characters. And this play, as in all art, allows us to discuss major issues, such as, should we do experiments on people, and how far should science push?”



Madeleine Bloxam and Mitchell Buckley rehearse a scene from Westfield’s upcoming Cappies play, “Flowers for Algernon.”

“We live in a time of exciting, medical advances and people surviving things they didn’t before, because of new treatments,” she continued. “But most of all, we have to respect human beings and who they are — and that’s what I want people to go home with. I also want them to say, ‘Wow, these kids are really fantastic and not afraid to tackle serious issues and complex characters with integrity.’”

The story takes place in 1965, so the actors are also having fun exploring the attitudes and clothing of that time period. Student Zoe Hawryluk is the costume designer, and she scoured thrift shops to find appropriate items. “We’re lucky because a lot of the 1960s-inspired clothes are coming back into style today,” she said.

So the boys will wear skinny-lapel suits, narrow ties and flat-front pants. Girls will wear skirts, dresses, saddle shoes and pearls. “They wore more formal clothing then,” said Hawryluk. “People dressed up, men wore hats and girls rarely wore pants or shorts.”

Junior Brandon Sanchez designed the set; scenes will take place in a bakery, a doctor’s office, laboratory, two apartments and Charlie’s mother’s house.

“I tried to show people the inner workings of Charlie’s mind through the set,” said Sanchez. “For example, whenever Charlie has a flashback of his family, the set opens up to reveal a maze behind it. We’re also using period furniture, like couches and desks, to show the ’60s time period. It’s fun thinking of things and putting them on paper; and then seeing them come to life on build day is really special.”

Playing Charlie is senior Mitchell Buckley. “At first, he’s innocent and naïve because of his mental disabilities,” said Buckley. “But he’s essentially good, sweet and a nice guy who likes to help people; he just wants people to like him. As he becomes more intelligent, he becomes a little more cynical and less forgiving of people’s faults.”

Buckley said it’s challenging to accurately portray Charlie’s mental disabilities and then show him as a changed person. “It’s a huge, character arc,” he said. “So it’s interesting playing someone so childlike as a grown man and then beginning to question his views of the world as he becomes more intelligent.”

Buckley said the audience will see Charlie’s goodness and will be sympathetic toward him. And, he added, “That’ll make the play’s events have a powerful effect on them.”

Senior Madeleine Bloxam plays Alice Kinnian, a night-school teacher for mentally chal-

lenged adults, including Charlie. “She’s sweet and has Charlie’s best interests at heart,” said Bloxam. “She cares deeply for him as a student; and later, as their relationship grows, she falls in love with him.”

Since their relationship has to change and blossom on stage, Kinnian changes along with Charlie. “But as he gets smarter, she’s less confident about her own intellectual ability,” said Bloxam. “And she realizes there’s nothing more for her to teach him.”

She said the audience will like the play’s humanity. “It makes a state-

ment that sometimes these experiments were unethical in the way the subjects were treated,” said Bloxam. “And this show has so many themes — love, finding identity, family relationships — that it has a broad spectrum of concepts people can connect with.”

Portraying Dr. Strauss, the main psychologist studying the aftermath of Charlie’s operation, is Sanchez. “He’s dedicated to his work because this is such an extraordinary experiment in psychology,” said Sanchez. “He and Professor Nemur are both excited about it, but Strauss sees Charlie’s more human aspect and is more sympathetic to him as a person. But still, his primary goal is to finish the experiment and show the scientific community its effects.”

Sanchez is enjoying working with Alex Mann, who plays Nemur, “because our characters are similar in some ways, so it’s fun being part of a pair.” He said the story will make people think about their views “toward people with mental issues and treat people more how they’d want to be treated.”

Nemur’s the doctor who operates on Charlie and follows his progress afterward. Mann, a senior, describes his character as focused on his work and wanting to be on science’s cutting edge. “And that often gets in the way of his humanity,” said Mann.



In character for Westfield’s “Flowers for Algernon” are (back row, from left) Alex Mann and brothers Brandon and Julian Sanchez and (front, from left) Madeleine Bloxam and Mitchell Buckley

“He’s done this procedure on mice, so he doesn’t know how to change his attitude toward Charlie and treats him as an object.”

But, said Mann, “When Charlie develops mentally and emotionally, his eyes are opened to the doctor’s treatment of him. You can feel Nemur’s determination and ambition, and he rarely lets his emotions show. So when he does, it’s much more effective.”

He said the story’s touching and, at points, “will leave the audience breathless. It’s well-put-together and there’s a lot to take away from it, depending on your point of view.”

Junior Julian Sanchez portrays Burt Seldon, a college student and researcher working on his senior thesis. “He’s the only one on the research staff who sees Charlie as a human being, rather than a test subject,” said Sanchez. “He’s kind and caring and consistently argues with the older researchers over how to deal with Charlie. He’s much less jaded than them.”

“I love playing Burt because he plays a pivotal role in Charlie’s life and becomes a guiding force for him throughout the play,” continued Sanchez. “I think this is a timeless tale of acceptance and the limitlessness of hope. It’s definitely resonant nowadays because of issues involving the mentally challenged and how we treat them.”

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

NEWS

Mike Roberts Is Officer of Month

From left: Sully District Police Station Commander, Capt. Ed O'Carroll, presents an Officer of the Month certificate to police Officer Mike Roberts. He works in the station's Crime Scene section and recently received the Officer of the Month award for the second time. "We had a crime spree at the mosque [in Chantilly] and Mike lifted fingerprints and connected them to crimes," said O'Carroll. "He also did a fingerprint ID of a print found at some business burglaries to close those cases. That fingerprint led to an arrest, a search warrant and the recovery of a weapon. Mike's gotten the bad guys off the streets."



BONNIE HOBBS/CENTRE VIEW



www.nvsrd.com

Falls Church Showroom
800 West Broad Street, #101
Falls Church, Virginia 22046
571.765.4450

Manassas Showroom
8982 Hornbaker Road
Manassas, Virginia 20109
703.378.2600



KITCHENS | BATHS | ADDITIONS
Contact us at info@nvsrd.com

Clayborne Restorations, Inc.

Local Contractor

Class A General Contractor HIC, BLD, CIC
www.claybornerestorations.com

703-502-8145

- Additions
- Kitchens
- Bathrooms
- Custom wood working
- Painting
- Electrical
- Plumbing
- Roofing and siding

"We are all your building needs"

St. Raphael Orthodox Christian Church



4429 Brookfield Corporate Dr., Suite 500
Chantilly, Virginia 20151
703-222-2422
www.straphaelva.org

Sunday Matins 8:45 AM
Divine Liturgy 9:30 AM
Sunday School 10:30 AM

Adult Instruction/Study Groups:
Wednesdays at 7:30 PM

Remember Romance and remember it always.

Relâche Spa Indoor Resort Pool

Celebrate your one-of-a-kind romance at a one-of-a-kind resort!
Get cozy with your sweetheart any time of the year at the spectacular Gaylord National Resort! Our luxurious guest rooms and beautiful indoor gardens provide the perfect setting for a romantic getaway. We'll welcome you with champagne and strawberries, then serve up a delicious breakfast in the morning. All you have to do is enjoy! *What better way to celebrate the one you love?*

Book your Remember Romance package today!
GaylordNational.com
or call (301) 965-4122

GAYLORD NATIONAL RESORT
NATIONAL HARBOR, MD

PRO Martial Arts – Chantilly

OPEN HOUSE

In Celebration Of National Stop Bullying Day!

Ask about:

- Our Kid and Adult Karate Classes
- Armor™ Bullying & Predator Prevention
- Little Rhinos
- And More!

SATURDAY
February 9th
10am-2pm

Free Karate Lessons!

Meet Rocky!

Break Boards!

Enjoy FREE Pizza!

And Enter to win a FREE Pizza Party!

SPECIAL OFFER:
TWO FREE KARATE CLASSES including a FREE Karate Uniform!

1-CHA-7

For More Information About Our Programs:
PRO Martial Arts
703-298-7041
13876 Metrotech Drive, Chantilly, VA 20151

PRO MARTIAL ARTS
Building Character For A Lifetime.

www.ProMartialArts.com/Chantilly

Building Blocks for Success

Fairfax Families4Kids: A community of hope.

BY MICHAEL FREY
SULLY DISTRICT SUPERVISOR

When it comes to building buildings or fixing things, Fairfax County does a great job. Schools, fire stations, parks — the County has a proven track record of exemplary projects.

Building or fixing families and people — that's tougher to evaluate.

Fairfax is probably no better or worse than most local governments. Fixing people is hard. There is no plan that, if followed to the letter, results in a split family being made whole, or a person with mental illness or substance abuse issues being cured. People are different than buildings.

Maybe that's why I was so excited about the Fairfax Families 4 Kids program when I was introduced to it, and became such a huge supporter of it immediately.



BONNIE HOBBS/CENTRE VIEW

Kids in foster care really have the deck stacked against them. For whatever reason their family situation didn't work and someone — typically the courts — stepped in and forced change. They are left looking to total strangers to do what their family should have done but couldn't. That's a lot to ask. They are dependent on government programs to find them temporary housing, maybe a permanent foster home, and for some of the luckier kids, a family.

FF4Kids is a partnership between the county and a whole lot of people who really believe these kids in foster care deserve more help. The program offers the kind of opportunities and experiences that the county can't possibly provide by itself. Without the volunteers, who serve as mentors, friends, teachers and occasionally substitute parents, most of these kids would bounce from one temporary situation to the next, usually aging out of foster care with little skills, no love, and little chance for future success.

I have been so impressed with everyone I have met who is involved with the program. It has increased my sense of optimism about the chances that more of these kids will find for-

ever homes with adoptive families. Clearly, there is a positive effect on the kids when they see the mentors devoting so much time and effort to them. Many of these kids have never had the love and attention they get within this program. Certainly they have never had the life education they get, and for the first time many of them begin to believe in themselves. Self-confidence and optimism are not qualities you find in many foster children. A program that gives them those two things, in my mind, can't help but benefit them.

There have been success stories for kids in this program, including adoption of some of the children by some of the mentors. Of course, not every child has been so lucky. Some still age out of the system with no family back-up to catch them if they fall. But they do have the FF4Kids family, and that in itself is a confidence-builder. They also have life skills and social skills that they likely would not without the FF4Kids programs. There are no guarantees in life, but there is no doubt in my mind whether or not they find the adoptive family we all hope that they will, they will be much better prepared young adults.

As long as there are incredibly caring and dedicated people like the FF4Kids mentors and volunteers, I will be doing all I can to help support them.

A Family Made Whole

BY VICTORIA ROSS
CENTRE VIEW

The Granvilles look like a made-for-TV family. On a bright October afternoon, Chris, a computer engineer, is teasing his teenage son, Kenny, about what kind of pet to adopt, while Tiffany sits on a sofa, cradling Elijah, Kenny's baby brother, who has just woken up from an afternoon nap.

"Fish? No way," Kenny, 15, says. "They just go 'round and 'round in a bowl."

Kenny is lobbying hard for a dog or — at the very least — a guinea pig or hamster.

"What I'm saying is you start with the fish, OK, and then you move up to guinea pig or something else," Chris says.

"Can you tell we've been talking about this for just a little while?" Tiffany asks a visitor, rolling her eyes in mock exasperation.

It's quickly apparent the Granvilles are a close-knit family who like spending time together.

What is not so apparent is how this family came to be, and why an ordinary Sunday afternoon laughing with two children is a minor miracle for the Granvilles.

Chris and Tiffany, both in their 30s, were married in New York City on Christmas Eve, 2007. One of three children, Chris was raised in Queens. Both were very close to their parents and grandparents, whom they credit for inspiring their Christian faith.

IN FEBRUARY 2008, the couple moved to Reston, where they both had demanding careers as computer engineers. They also found

After a tragic loss, couple creates a family through adoption.



A Granville family portrait, taken in February 2012. From left: Kenny; Tiffany holding baby brother Elijah, and Chris Granville.

out that same month that Tiffany was pregnant.

"We were like 'wow.' We just got married, and now we're going to have baby. We were living the dream," Chris said.

Jamison Granville was born on Oct. 23, 2008. He was a healthy 8.6 pound baby, and the light of his parent's life. When Chris's mother was diagnosed with aggressive kidney cancer that spring, Jamison kept a smile on his grandmother's face as she went through grueling chemotherapy sessions.

"He was my mother's first grandchild. She and Jamison were tied at the hip," Chris said.

When Chris's mother died on July 4, 2009, both Chris and Tiffany were devastated by the loss, but they took comfort in Jamison's smile, their large network of friends and family and their faith.

Like many working parents, the Granvilles had carefully researched and selected a day care center for their child. It wasn't unusual to get a call from staff at the center if Jamison was sick, or if other minor issues cropped up.

But on Sept. 16, 2009, Tiffany received a call from the center's director. She said she sensed something was wrong immediately.

"I got a phone call about 3 p.m. The director said she needed to meet us at Reston hospital. She wouldn't give me any other information," Tiffany recalled, pausing. "Jamison was 10 months and 24 days old ..."

Chris said he got a message from a detective. "He said to call this doctor, and the doctor said you have to stop whatever you're doing and get here," Chris said. "I didn't know what was happening."

"I can't tell you how I got from my desk on the sixth floor to my car," Tiffany said. "When I got there, doctors were working on him, but I could tell he wasn't there anymore . . . You feel like you're in a movie, or a dream. You get through it, but you're not there."

Tiffany said the pain of losing Jamison was almost unbearable, and even her strong faith in God could not keep her from waking up some mornings and thinking there was nothing left to live for. "I have to be honest; there

Newspaper of
Centreville
Little Rocky Run
A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
centreview@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Bonnie Hobbs
Community Reporter, 703-778-9438
bhobbs@connectionnewspapers.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Karen Washburn
Display Advertising, 703-778-9422
kwashburn@connectionnewspapers.com

Janis Swanson
Display Advertising, 703-778-9423
jswanson@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
asmith@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic

Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel

Art/Design:
Laurence Foong, John Heinly
Production Manager:
Jean Card
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

A Connection Newspaper

PEOPLE

Feeling Power of Love

FROM PAGE 6

were days I did not want to be here.”

But it was the couple's strong faith in God that kept them moving forward.

“We became more involved in our church, but at that point, it's just a day-by-day existence,” Chris said. Tiffany said she drew strength from her grandmother, who had also lost her firstborn son. Her grandmother went on to give birth to eight children, and adopted two more.

“I pulled from her strength. I thought to myself, this woman from Louisiana, with an eighth-grade education, through all this adversity, she was able to overcome it in a time when things were horrible for black folks,” Tiffany said. “I remember what a loving and patient person she was . . . I started to think about everybody I had here . . . I thought we all have to leave one day, so you have to make a positive impact while you're here. We did not want what happened to us to define us.”

The couple, who had always talked about adopting a child, had maintained friendships with other couples who were foster parents, and they decided to explore that option.

“God works in mysterious ways. We actually used to go on outings with this couple and their foster children before Tiff and I were married,” he said. “We still had a lot of love to give.”

“That was the core of it, the love we had for each other,” Tiffany said. “You know, a lot of people say that when you lose a child, it tears a couple apart. Well, nothing could tear me away from him. He is my rock. His mental strength is astounding.”

THEY CONNECTED with a small agency in Fairfax County called FairfaxFamilies4Kids, a foster-mentoring program run by the Department of Neighborhood and Community Services. Created in 2005, the program's mission is to build bonds between volunteers and foster children, a majority of whom are 14 years old or older.

According to Beverly Howard, Ph.D., coordinator of the program, every year in Fairfax County, as many as 20 teens in foster care leave the system without a family and are unable to return safely to their parents or relatives.

The children who wait are typically African-American, and are age 9 or older when they enter foster care. They have emotional, medical and educational needs. Many have lived in a series of foster homes or residential facilities.

Kenny was one of the children in the program when the Granvilles decided to become mentors.

Howard said volunteers who become mentors have a lot of flexibility, and there's no specific amount of time mentors must spend with children. Some are assigned a particular child while others work with several children. Every month there are group activities for the participants and their mentors.

“We want people to know they can get involved without feeling too much pressure,” Howard said.

Mentors can attend as many group outings as they want, depending on their schedule.

Outings have included a Christmas Cruise on the Potomac; the DC Kite Festival; fundraising events for the homeless and a variety of sports events and clinics, from basketball to handball. Farm Day, held twice a year in Ashburn, is a favorite event for the children. Donated by a benefactor of the program, the event is held twice a year in Ashburn, and includes

horseback riding, bike-riding, games and a picnic.

Howard said all the activities are structured to allow “natural matches” to develop over time as the youth interact with the volunteers and actively help select their mentors. “Mentors see the value, the strengths and possibilities in the youth and the youth begin to form trusting relationships with the mentors,” she said.

Kenny met the Granvilles during Farm Day. He had just turned 13, and had been in a series of foster homes since he was 9 years old.

Before formal foster care, he was living sporadically with his biological mother from the time he was 3 years old.

Born in Dumfries, Kenny's mother had substance abuse problems. When she could not care for him, he would stay with her friends for weekends — or weeks at a time. When he was placed in foster care full-time, he had no more contact with his biological mother.

Sitting on a sofa at home, Kenny shows a visitor a book of photos from several outings. When asked if he remembers the first time he met

Chris and Tiffany, he smiles broadly, and mentions that he left his coat in their car so they would have a reason to seek him out again.

The Granvilles said they felt an immediate connection to Kenny, and they would have come back to see him, even if he hadn't left his coat in their car.

“Oh yes, I definitely remember Farm Day,” Tiffany said.

“We had been going to different events as mentors, and then Farm Day came along,” she said, shaking her head and wiping away tears. “It was weird. There was this big gush of wind and this kid came out of nowhere. Literally, leaves are flying around, and I saw Kenny playing... I said to Chris ‘I feel like he's going to be our child.’ I mean, we thought we would adopt a younger child, but we just jelled with him.”

“As soon as they walked in, I went up to talk to them,” Kenny said.

“There was just something about him. His smile, his sense of humor, something that tugged at our hearts,” Chris said.

Kenny began spending weekends with the couple, playing basketball with Chris, watching football games, and just being a “regular” kid with a family.

“Everything just fit,” Chris said, “It felt like it was meant to be.”

Tiffany and Chris said there's no one “aha” moment they can point to when they decided to adopt Kenny. “It just seemed like the natural next step,” Chris said.

As the Granvilles spent more and more time with Kenny, they became determined to adopt him. And then the couple got a surprise that some might consider a “game-changer.”

She learned she was pregnant with Elijah.

“And no, we never thought about not adopting Kenny,” she said, laughing.

Kenny was formally adopted by the Granvilles when he turned 14. Elijah was just weeks old, but “we wanted him there to be with his big brother,” Chris said.

During the adoption proceeding, the judge asked Kenny if there was any reason not to go forward, and why he wanted to be adopted.

“Because I love them. And they love me,” Kenny said.

“There wasn't a dry eye in that courtroom,” Tiffany said.

“We did not want what happened to us to define us.”

— Tiffany Granville

BRRRR...ACE YOURSELF!

MILLER Orthodontics
Not just braces, beautiful faces.

6101 Redwood Sq. Ctr.
Suite 305
Centreville, VA 20121
703-818-8860
www.millerorthodontics.com

Gorgeous Flowers for Your Valentine

Merrifield GARDEN CENTER

Exquisite
Orchids • Anthurium
Cyclamen • Gardenias • Begonias
and so much more

~ Premium Quality ~

Long Stemmed Roses
\$49.99 Boxed or \$69.99 In A Vase
One dozen roses in red, white, pink, yellow or peach

Fresh Floral Bouquets & Arrangements
Place orders by February 11 – Local Delivery also available

FREE SEMINARS
SATURDAY, FEB. 9 AT 10 AM
MERRIFIELD **GAINESVILLE**
Delectable Desserts **Perennials With Personalities**
Stop by our stores or visit our website for the full schedule

SUET SALE!
Get a case of 10 Bird Tweet High Energy Suet & Seed Cake Blends **ONLY \$9.99**
while supplies last!

SUNDAY, FEB. 10, 2 - 4 PM AT OUR FAIR OAKS LOCATION
The Arlington Rose Foundation presents Organic Perfumer Tara Krause on “Roses and the Lost Art of Natural Perfumery”

Winter hours: Mon. – Sat. 8 am – 6 pm, Sun. 9 am – 5 pm
merrifieldgardencenter.com

Merrifield • 703-560-6222 8132 Lee Hwy., Merrifield, VA
Fair Oaks • 703-968-9600 12101 Lee Hwy., Fairfax, VA
Gainesville • 703-368-1919 6895 Wellington Rd., Gainesville, VA



The cast of "Balloon Shot" is (back row, from left) Santiago Jauregui, Zane Piper and Hana Tawil; and (front row, from left) Taylor Da Costa, Jessie Lamke and Emma O'Brien. (Not pictured: Katja Milosevic).



Cast members of "Circuits" and "Everything You Want" are (from left) Daniel Lindgren, Ashley Leightley, Connor Gillooly, Miranda Newman and Binta Barry.

Festival Offers Everything from Serious to Hilarious

FROM PAGE 1
and "Cinderella Wore Combat Boots."

'Conform'

Directed by Ashley Rosenstein, "Conform" has a 10-person cast starring Marcus Schmidt, David Strauch and Josh Lee. "It's an absurdist farce about three men in boxes judging society," said Rosenstein. "Throughout the play, they're telling passersby that they should conform to their ideas of the world. But in the end, it's they who conform."

"I love my cast," she said. "They've really taken to this play. They're doing a really good job and love the play as much as I do. It's very funny, has some puns and exaggerations and makes fun of what society does."

Rosenstein is also having a great time directing. "I like having my own vision and seeing how the actors have taken it to the stage and transformed it," she said. "I learned how much hard work it is and how much you rely on your cast. You have the big image, but they have to figure out all the little things their characters can do to bring it all together."

'Louder, I Can't Hear You'

Kent Clingman directs "Louder, I Can't Hear You," a comedy about a dysfunctional family. There are six cast members, with Jemma Stratton in the lead role of the mother, Marge. "The mother is having trouble communicating with her family, and she struggles to connect with them," said Clingman. "They're all in their own, little worlds, so they're all concerned about themselves."

He said his actors are doing well. "Everybody's learning their lines and there's good cast cohesion," said Clingman. "It's a relaxed play, not heavy, there are a lot of jokes and the audience will enjoy all the spoofs."

Calling directing fun, he's enjoying getting to know his cast members and joking



The cast of "Louder, I Can't Hear You" is (back row, from left) Kent Clingman, Josh Ewalt, Collin Robinson and Kyle Artone; and (front row, from left) Jemma Stratton, Anna Adere and Nora Winsler.

around with them. "You have to trust your actors," said Clingman. "The hardest part is getting all the staging and props in order."

'Everything You Want'

Directing "Everything You Want" is Binta Barry. "It's a drama with some humorous aspects," she said. "It's about Josephine, a young journalist who believes she doesn't have the right words to say, so she doesn't want to speak, at all. It's also about Harry, a computer technician who hasn't been communicating much and wants to start again."

Playing those roles in the two-person cast are, respectively, Miranda Newman and Connor Gillooly. "It's fun working with them because they're both good learners and listeners," said Barry. "They're really great at absorbing my notes and projecting them back to me."

What's most appealing about this play, she said, is that it's not plot-driven, but character-driven. So, said Barry, "The audience will

enjoy seeing the two characters' revelations and the conflict between them."

"I've always wanted to direct, so this is a dream come true," she continued. "I just love being able to be behind the scenes, after doing so much acting. There are a lot of different styles of directing, and the most difficult thing is suggesting, not telling, my actors what to do and letting them come up with some of their own ideas."

'Balloon Shot'

Featuring a cast of six, Emma O'Brien is directing the comedic drama, "Balloon Shot." The lead actress is Katja Milosevic who portrays Desiree. "It's about Desiree, who's one of four cell mates, and the others don't know if they can believe her when she tells them she's broken out of high-security prisons," said O'Brien. "But they want to escape with her if she is telling the truth."

Actually, O'Brien put her own spin on this show. It was originally written for four men, but she changed the characters to women. "We're using bunk beds as jail cells," she said. "We just finished all the blocking and everyone's off book [script] now. The audi-

ence will like the dynamics between these interesting characters, and my actors give very in-depth portrayals."

She said directing's stressful, but also rewarding "because it's neat to see something you were in charge of come together. I didn't realize how expensive things would be, though. For example, the rights to the show for just two performances were \$70. But directing's a really nice experience I'm glad I had."

'Cinderella Wore Combat Boots'

Sarah Wills directs the comedy, "Cinderella Wore Combat Boots," calling it "the classic Cinderella tale with a quirky twist. It's a fun story with the basic elements, but all the characters act differently and Cinderella and the prince meet in a different way. There's also a lot of interaction with the audience."

The eight-person cast features Emily Hoffman as Cinderella, Alec Smith as the prince and Austin Burch as the storyteller. "My actors are primarily freshmen, and I wanted to work with freshmen to get them interested in theater," said Wills. "They amaze me with how talented they are; they're all doing a really good job."

She said the audience will enjoy interacting with the cast and will like the story because it's a familiar tale, but told in a way that's "entertaining and hilarious."

"Directing is definitely a change for me because I'm not bossy," said Wills. "I don't want to be harsh, but I want to help the actors grow into their characters. I didn't realize how many things go into directing and how hard casting is. But it's nice being able to carry out my own vision for the show."

'Circuits'

Directed by Daniel Lindgren, "Circuits" has a cast of three, Ashley Leightley and Scott Stevenson as sister and brother, Emily and Jack, and Connor Gillooly as Emily's

SEE SERIOUS, PAGE 10

ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

WEDNESDAY/FEB. 6

- Toddlin' Twos.** 10:30 and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.
- AARP Tax Assistance.** 1-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.
- Mystery Book Discussion Group.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can call and ask for title. Free. 703-502-3883.
- Starlight Storytime.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. All ages can bring a stuffed animal and enjoy stories and fun. Free. Registration required. 703-830-2223.

THURSDAY/FEB. 7

- Small Wonders.** 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 13-23 months can enjoy stories and activities. Free. Registration required. 703-830-2223.
- Book Group.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Teens in grades 7-8 can participate. Call for title. Free. Registration required. 703-502-3883.
- Tax Assistance.** 6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.
- English Conversation Group.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

FRIDAY/FEB. 8

- Ready for School Storytime.** 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 4-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

SATURDAY/FEB. 9

- Lunar New Year Festival.** From 1-6 p.m. celebrate the year of the snake during Fair Oaks Mall's 10th annual festival. Features traditional Chinese dragon dances, music, martial arts demonstrations, crafts and more. Free. Visit www.ShopFairOaksMall.com or 703-359-8300.
- Purple Tie Bash.** 6:30 p.m.-midnight at Westin at Washington Dulles. Chantilly High School presents an evening of fun with dinner, dancing silent and live auctions and more. Proceeds benefit the athletic programs at the high school. Visit www.chantillysports.org to buy tickets.
- Choral Cabaret.** 7 p.m. at Centreville High School. Enjoy dessert, coffee and tea while listening to the choir perform. There will be a silent auction and raffle. \$10/adult; \$5/student. CVHS students who buy tickets during lunch will get a free raffle ticket.
- Tax Assistance.** 10 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.
- Kaleidoscope Storytime.** 10 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy a sensory storytime focusing on the strengths and adapting to children on the autism spectrum and with other developmental disabilities. Free. Registration required. 703-502-3883.
- Thriving Three to Fives.** 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and activities. Free. Registration required.



Fair Oaks Mall Celebrates Lunar New Year

More than 300 performers will participate in Fair Oaks Mall's 10th annual Lunar New Year celebrations, representing such countries as China, Korea, India, Thailand, Vietnam, Mongolia, Malaysia, Indonesia, Philippines, Tahiti and the state of Hawaii. The Lunar New Year celebrations will feature traditional Chinese dragon dances, music and dance performances, martial arts demonstrations, children's crafts, multi-cultural displays and a special lantern festival.

Fair Oaks' Lunar New Year festival is produced with the Washington Hai Hua Community Center, a nonprofit organization working as a bridge between new immigrants and American society since 1989.

One of the largest events of its kind in the country, Fair Oaks Mall's 10th annual Lunar New Year Festival is expected to once again attract close to 200,000 people to the award-winning retail center over the course of the two-day celebration on Saturday, Feb. 9 and Sunday, Feb. 10, 1-6 p.m.

The celebration is free and open to the public. Visit www.ShopFairOaksMall.com or call 703-359-8300.

- 703-830-2223.
- E-book Help.** 2 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get any questions about their eBook reader answered. Free. Registration required. 703-502-3883.
- English Conversation Group.** 3:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with other students. Registration required. 703-830-2223.

MONDAY/FEB. 11

- Storytime.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 3-5 can enjoy stories and activities. Free. Registration required. 703-502-3883.
- Book Group.** 2:15 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children in grades 3 and 4 can participate. Call for title. Free. Registration required. 703-502-3883.
- Writers of Chantilly.** 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free. 703-502-3883.
- ESL Book Club.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

TUESDAY/FEB. 12

- English Conversation Group.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.
- Small Wonders.** 10:30 a.m. at

- Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.
- Thriving Three to Fives.** 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and activities. Free. Registration required. 703-830-2223.
- Bouncin' Babies.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.
- Storytime.** 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 3-5 can enjoy stories and activities. Free. Registration required. 703-502-3883.
- AARP Tax Assistance.** 4-8 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.
- Toddlin' Twos.** 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

WEDNESDAY/FEB. 13

- Toddlin' Twos.** 10:30 a.m. or 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.
- AARP Tax Assistance.** 1-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.
- Bouncin' Babies.** 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.
- Small Wonders.** 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-

SEE CALENDAR, PAGE 16

Trummer's on Main is offering a Special Valentine's Day Menu Inspired by the "Love of Food".

Three Courses for \$78/person:
Includes a Creamy Curry Cauliflower Soup with rock shrimp & pine nuts, Seared Scallops with Lobster Consomme, 8 oz Filet Mignon or Tilefish with Crab Imperial.

Our desserts: Include a Beautiful Hibiscus Soup with Mascarpone Ice Cream and Poundcake or our take on "Chocolate & Strawberries".

**7134 Main Street
Clifton, VA 20124
703-266-1623
for reservations**

Menu will be served Thursday February 14th - Saturday February 18th.

50-65% Off Pottery
Washington Area's Biggest Selection

**Springtime in the Greenhouse:
Primrose, Cyclamen, Citrus**

30% OFF Japanese Maples
or Buy 1 Get 1 Free*
*Off regular price

Landscape/Hardscape Sale
Best Landscaping Prices of the Year!
Patios, Walkways, Landscaping
Free Estimates

**9023 Arlington Blvd.,
Fairfax, Virginia
2 miles west of I-495 on Rt. 50,
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week**

FREE-FILL Bulk Mulch, Playground Chips & Organic Compost \$24.99/cu. yd.

Cravens Nursery & Pottery
Visit our new Web site: www.cravensnursery.com

Valentine's Day at BACKYARD GRILL

THE MENU

Complimentary Glass of Champagne

APPETIZER

Seafood Martini for Two

FIRST COURSE (Choose 1)
House Salad
Our Famous Backyard Caesar Salad
Soup of the Day (ask your server)

SECOND COURSE (Choose 1)
Filet Mignon, 8 oz.
Salmon alla Champagne
Chicken Normandy
Bone-in Pork Chop
6oz. Seafood Filet Combos
Amore Steak and Shrimp

THIRD COURSE (Choose 1)
Cheese Cake • Chocolate Molten

Only \$29.00 per person!

Enjoy your Valentine's Dinner in our beautiful spacious Dining Room

**703-802-6400 • 13999 Metrotech Dr., Chantilly
backyardgrillrestaurant.com**

Reservations Accepted

NEWS

Join Us As We Celebrate Our Thrift Store's Grand Re-Opening

Saturday, February 16, 2013 at 9am

The first 100 customers will receive 10% off their purchase.



WFCM Thrift Store
13939 Metrotech Drive
Chantilly, Virginia 20151
(703) 956-6955
<http://www.wfcmva.org>
info@wfcmva.org

We're still the same great Thrift Store!
We offer quality items at reasonable prices and provide customer service with a smile!

Our donations hours have been extended for your convenience.
We now accept donations Tuesday-Saturday, 10am—4pm.

New & Used Clothing Shoes
Jewelry & Accessories
Furniture
Books, DVDs & CDs
...and more!



STORE HOURS
Monday-Friday = 9am-6pm
Saturday = 9am-5pm



The cast of "Cinderella Wore Combat Boots" is (back row, from left) Khalied Bashri, Austin Burch, Zoe Costanza, Sarah Wills, Alec Smith and Zainab Barry; and (front row, from left) Emily Hoffman, Emily Angelotti, Liza Vanyan and Caity Sheerin.

Everything from Serious to Hilarious

FROM PAGE 8

love interest, Hugh. Lindgren describes it as a comedy with dramatic elements.

"Emily's brother has died in a car accident and she's going to his funeral," said Lindgren. "The entire play takes place in her room, but the audience doesn't know whether she sees Jack as a coping mechanism because of all the stress or if he's a ghost."

He said the audience will like the relationships between the characters and will relate to the way the siblings interact. "The story does a good job of dealing with a serious issue in a more lighthearted way and, in the end, it has a solid message," said

Lindgren. "The actors really understand the script and how their characters are supposed to relate to each other, and I've been impressed with that."

Calling directing an "interesting experience," he said, "I've been in one-acts since I was a freshman, so it's cool to finally have that control. I'm now better able to see my own vision of a show than I was before. I'm analyzing things more, and I've learned how important it is to get scripts out of people's hands so they can focus on the acting. I'm also enjoying seeing what kinds of things they bring to the table. I like having my mind changed, at times, but also seeing my original plan come to fruition."

OPEN HOUSES SATURDAY/SUNDAY, FEBRUARY 9 & 10

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

Annandale

4241 Americana Dr #101...\$149,000...Sat/Sun 1-4.....Christina Yoon.....Weichert...703-357-5111

Burke

9686 Britford Dr.....\$697,500...Sun 12-3.....Mark Goedde..Coldwell Banker..703-850-8129

6010 Wilmington Dr.....\$579,900...Sun 1-4.....David Unterman.....RE/MAX..703-869-1876

10523 Reeds Landing Cir...\$369,900...Sun 1-4.....Doris Crockett.....Weichert...703-615-8411

Centreville

6487 Trillium House Ln.....\$999,900...Sun 10-4.....Jean Marotta.....Birch Haven..703-402-9471

13837 Wakley Ct.....\$339,900...Sun 1-4.....Dan Mleziva.....RE/MAX...703-380-9915

Fairfax

6050 Colchester Rd.....\$649,900...Sun 1-4..Carol Hermandorfer.....Long & Foster..703-503-1812

13403 Foxhole Dr.....\$365,000...Sun 1-4.....Jo Ann L. Prociv.....Long & Foster..703-966-3351

Fairfax Station

11107 Hampton Rd.....\$1,295,000...Sat 10-1.....Franklin Mendoza.....Weichert..703-282-2163

8030 Woodland Hills Ln..\$1,100,000...Sun 2-4.....Pat Fales.....RE/MAX...703-503-4365

Falls Church

3804 Munson Rd.....\$829,000...Sun 1-4.....Patrick M. Kessler.....Keller Williams..703-405-6540

3804 Munson Rd.....\$829,000...Sun 1-4.....Thomas Hilleary.....Keller Williams..703-655-3100

3324 Stoneybrae Dr.....\$699,500...Sun 1-4.....Dana LaFever.....Weichert...703-609-3479

Kingstowne/Alexandria

5408 Castle Bar Ln.....\$618,500...Sat 1-3.....Kathy Peters.....Long & Foster..703-915-2165

Springfield

7262 Linden Tree Ln.....\$459,950...Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808

Stafford

195 Tangwood Ln.....\$210,000...Sun 1-4.....Karen Paris...Keller Williams...571-220-7503

To add your Realtor-represented Open House to these weekly listings, please call Karen Washburn at 703-778-9422 or E-mail the info to: kwashburn@connectionnewspapers.com
All listings due by Tuesday at 3 P.M.

Bank Approved for Centreville Site

FROM PAGE 1

nally planned for that site — there'll be one, smaller building," said Lawrence. "There'll be plenty of parking, plus access from Stone Road and from the subdivision to the south. There are also proffered buffers and a berm."

The building will be constructed of brick and a composite building material, and the bank's main entrance won't be visible from Stone

Road. There'll be room for 10 vehicles in the drive-throughs, and the site layout will be similar to the existing BB&T in the Franklin Farm Shopping Center.

Centreville residents Priscilla Knight and Mark McConn said drivers speeding on Stone Road often make it difficult for people to get in and out of the Sully Station Shopping Center. But Lawrence said Fairfax County's

Department of Transportation would review the plan to make sure it wouldn't cause any traffic problems. And Pat Gorman with Bohler Engineering, representing BB&T, said there might be some traffic-calming measures that could be done there.

Gorman also noted that the building would be 25 feet high, the BB&T letters on it would be internally lit and "the landscaping and berm will shield the lighting." And at the end, the council gave its approval to the project.

The property is already zoned C-6, for community retail. And the county's Comprehensive Plan calls for neighborhood-serving commercial uses within that shopping center, so the bank will be in keeping with the plan by providing additional services to the surrounding residential community.

"I think it'll fit in very nicely," said Frey on Monday. "We met with the neighbors and, this time, for the most part, they were fine with the bank going there. They were pleased to see something finally going in there that was compatible with the neighborhood."

JO ANN L. PROCIV

Associate Broker

NEW LISTING \$365,000

13403 FOXHOLE DR., FAIRFAX

3 FIN LEV W/3+ BDRMs & 3½ BAs
GORGEOUS REMODELED KIT
FIREPLACE & DECK
1,414' + FIN BSMT
NEWER: HWF, CARPET, HVAC!

DIR: RT. 50 W TO N ON STRING-FELLOW TO LEFT ON BRANDY STATION, LEFT ON FOXHOLE

WWW.PROCIVREALESTATE.COM

OPEN SUNDAY 1-4

CALL JO ANN PROCIV @ 703-966-3351



Geriatric experts say healthy lifestyle habits like regular exercise, eating a nutritious diet and brain challenges can help preserve mental health as we age.

Preserving Ones' Mental Health

Experts say diet, exercise and mental stimulation are key.

BY MARILYN CAMPBELL
CENTRE VIEW

Randy Weadon walks six miles each day around the perimeters of his retirement community, Greenspring in Springfield. He also does crossword puzzles daily.

"During tax season, I walk around the halls and mentally do my income taxes in my head," said Weadon, a retired Coast Guard officer. "If I had not started walking, I don't know if I'd be alive. I am 86-and-a-half years old, but I don't feel that age at all."

Geriatric experts say healthy lifestyle habits like regular exercise, eating a nutritious diet and brain challenges can help preserve mental health as we age.

"The one thing that I always tell my patients is that if you don't use it, you lose it. I recommend crossword puzzles, mentally challenging games and reading, especially about current events," said Dr. Lisa Calusic, a psychiatrist at Inova Behavioral Health Services in Alexandria, and an Arlington, resident.

Researchers Pamela Greenwood and Raja Parasuraman, professors at the Department of Psychology at George Mason University in Fairfax, have spent more than 20 years studying the way the human brain ages with a focus on Alzheimer's disease. The two wrote a book, "Nurturing the Older Brain and Mind," in which they explore ways middle-aged people can stave off mental deterioration.

"We know that if we can put off dementing illnesses, even by a year or two through lifestyle changes, that will reduce the number of people with Alzheimer's disease, which is reaching epidemic proportions," Parasuraman says.

The duo says that preventing and staving off mental deterioration is more important than ever now that workers are staying employed longer for economic reasons. Physical activity is an important tool as well.

"Exercise [is] the 'lifestyle' factor with the strongest effect," said Greenwood. "A number of different

WWW.CONNECTIONNEWSPAPERS.COM



Randy Weadon, 86, does crossword puzzles and walks six miles each day around the perimeters of his retirement community, Greenspring in Springfield.

research groups have found benefits of aerobic exercise on both brain structure and function, and on cognitive performance."

Joel Martin, a professor of kinesiology at George Mason, agrees: "Regular exercise has been proven to slow the aging process," he said. "People have their actual age, which they can't do anything about, and their biological age. Someone could be 40 years old, live a very inactive lifestyle and not eat very well, which may cause them to be closer to 60 in terms of their biological age. Vice versa: Someone who is 60 could be very active and eat a healthy diet and feel like they are much younger, perhaps a biological age closer to mid-40s."

As an octogenarian, Weadon credits his sharpness to regular mental challenges. Martin agrees. "Regularly engaging in activities requiring cognitive function is important," said Martin. "Most tissues in the body respond to stress placed on it by becoming stronger or adapting to handle the stimulus you place on it. If you lift weights, your muscles get bigger and stronger. If you don't do any sort of physical activity to stimulate your muscles, then they get smaller and become weaker. The brain is the same way, it needs regular stimulation to maintain its function."

PHOTOS CONTRIBUTED

Gary Kramer, D.D.S.
DIPLOMATE OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY

Sara Bunin, D.D.S.
Dentistry for Children, Adolescents & Special Needs
703-978-0051 KBPediatricSmiles.com

SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA • 22015
MET LIFE, DELTA, BCBS/CAREFIRST, & UNITED CONCORDIA PROVIDER
WEEKDAYS • SATURDAYS • EVENINGS 24 HOUR EMERGENCY CARE

Complete Dental Care for the Entire Family

BRUCE R. HUTCHISON, D.D.S.
MICHAEL H. GORMAN, D.D.S.
WHITNEY S. JARRELL, D.D.S.

FAMILY DENTISTRY
14245-P Centreville Sq.
Centreville, VA 20121
703-830-9110
www.smilesforcentreville.com

NiK
FAMILY & COSMETIC DENTISTRY

ENRICHING LIVES... EXCEEDING EXPECTATIONS

- State-of-the-art Facility
- Digital X-Rays (Reduced Radiation)
- Audio/Video Entertainment for Relaxation
- Saturday and Late Hours Available
- We accept Most Insurances

703-961-0707
www.nikdentistry.com

"Dr. Nik"
Kamran Nikseresht D.D.S., F.A.G.D.
14415 Chantilly Crossing Lane
Chantilly, VA 20151
In the Target & Costco Shopping Center, to the left of Starbucks

TOOTH WHITENING SPECIALS
UP TO **50% OFF**

LOUIS C. FILIPPONE, D.D.S., P.C.
ORTHODONTIST

WE OFFER TWO CONVENIENT LOCATIONS
Both of our beautiful, modern offices use the latest technology in orthodontic treatment for children and adults.
Flexible interest free payment plans are available
Most insurance plans are accepted
Convenient Saturday and evening hours
BOARD CERTIFIED DIPLOMATE OF THE AMERICAN BOARD OF ORTHODONTICS

Call for your FREE Initial Consultation

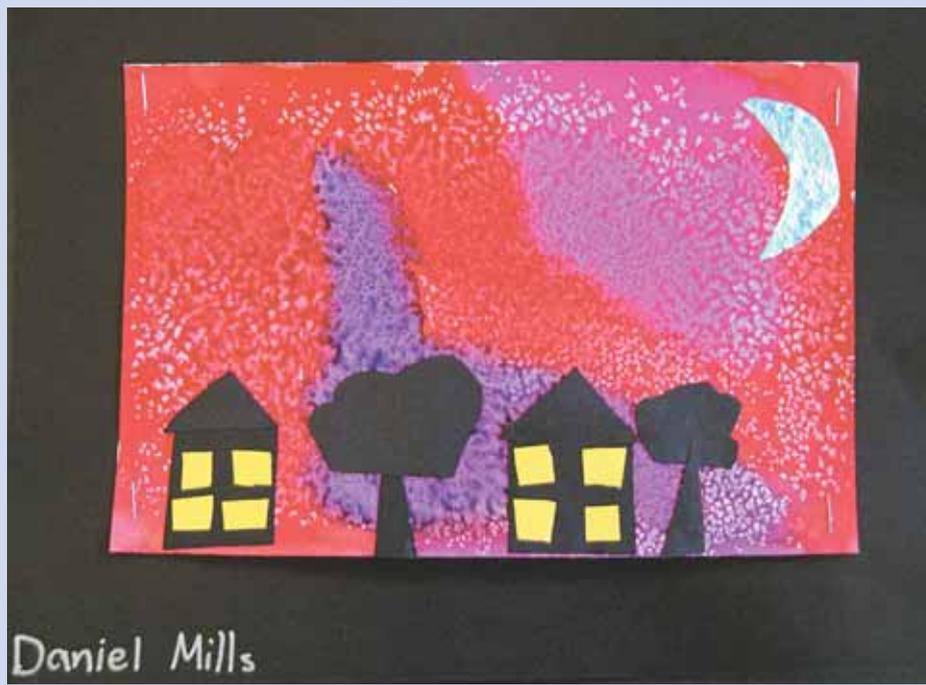
Centreville 6138 Redwood Square Center, Suite 103
Gainesville 7521 Virginia Oaks Dr., Suite 120

703-815-0127 703-754-4880
www.nvaortho.com

SCHOOLS



Dayanara Lopez



Daniel Mills

Artwork from London Towne Elementary



Avril Fernandez



Emmalyn Beale



Emma Probst



Rebekah Yoon

SCHOOL NOTES

Brendan Carlozzi of Centreville graduated from Southwestern College in December 2012.

Ryan Christopher Branch of Centreville, has been named to the president's list and to the Commandant's Distinguished Service List at The Citadel, The Military College of South Carolina. Branch is a physical education major and a member of Delta Company.

Olivia Cibelle Zendja of Centreville, has been named to the dean's list for the 2012 Fall Semester at Georgetown College, Georgetown, Ky. Parent is Florence Zendja of Centreville.

Benjamin Sando, a graduating senior at Centreville High School, has been named to the 2013 U.S. Presidential Scholars Program.

The following James Madison University students and Centreville residents have been named to the president's list for the fall 2012 semester: **Hannah Whittaker** is a senior whose major is health sciences. **Helen Tan** is a sophomore whose major is health sciences. **Grace Masumoto** is a senior whose major is interdisciplinary liberal studies. **Emily Volkmann** is a senior whose major is interdisciplinary liberal studies.

Emma Stewart is a junior whose major is kinesiology. **Russell Wagoner** is a senior whose major is modern foreign languages. **Brooke Garrity** is a senior whose major is nursing. **Jessica VanOrmer** is a senior whose major is psychology.

The following students from Centreville graduated from James Madison University during the Dec. 15 commencement exercises: **Samuel Datta** graduated with a bachelor of arts degree in communication studies. **David Skahn** graduated with a bachelor of business administration degree in computer information systems. **James Alls** graduated with a bachelor of arts degree in English. **Matthew Koons** graduated with a bachelor of arts degree in history. **Abin Kim** graduated with a bachelor of business administration degree in international business. **John Koons** graduated with a bachelor of business administration degree in management. **Fiona Torres** graduated with a bachelor of business administration degree in management. **Brooke Garrity** graduated with a bachelor of science degree in nursing. **Rebecca Render** graduated with a bachelor of arts degree in psychology. **Elizabeth Burghardt** graduated with a bachelor of arts degree in writing, rhetoric and

technical communication.

Nicholas Burroughs, a resident of Centreville, made the dean's list at Wake Forest University.

The following James Madison University students have been named to the dean's list for the fall 2012 semester:

Alexandra Alepohoritis is a senior whose major is studio art.

Rebecca Baumgart is a freshman whose major is nursing.

Laurel Brubaker is a sophomore whose major is psychology.

Amanda Cameron is a sophomore whose major is marketing.

Brendan Corcoran is a sophomore whose major is marketing.

Russell Day is a senior whose major is accounting.

Jason Delaney is a senior whose major is intelligence analysis.

Nicolena DeWitt is a sophomore whose major is nursing.

Emily Elcano is a junior whose major is interdisciplinary liberal studies.

Brendan English is a senior whose major is economics.

Shannyn Esmond is a sophomore whose major is nursing.

Austin Fallon is a junior whose major is management.

Katherine Fiely is a sophomore

whose major is international affairs.

Devin Galloway is a senior whose major is integrated science and technology.

Kathryn Gilbert is a senior whose major is interdisciplinary liberal studies.

Sierra Higinbotham is a freshman whose major is nursing.

Rachel Hollenbeck is a sophomore whose major is economics.

Julie Kamp is a junior whose major is health sciences.

Abin Kim is a senior whose major is international business.

Mary Kim is a senior whose major is writing, rhetoric and technical communications.

Mallory Knapp is a senior whose major is psychology.

Mollie Leon is a sophomore whose major is marketing.

Li-Cheng Liu is a senior whose major is accounting.

Adrienne Lowry is a junior whose major is political science.

Katie Malinowski is a senior whose major is interdisciplinary liberal studies.

Marissa McGill is a sophomore whose major is management.

Maggie McInturff is a freshman whose major is undeclared.

Rebecca Montalvo is a senior whose major is intelligence analysis.

Kevin Reardon is a senior whose

major is graphic design.

Katherine Schmank is a sophomore whose major is nursing.

Elissa Smith is a junior whose major is communications studies.

Madelaine Stanley is a sophomore whose major is art history.

Cameron Stark is a senior whose major is computer information systems.

Mark Trimakas is a senior whose major is accounting.

Thomas Verbanic is a senior whose major is psychology.

Alexandra Vermillion is a junior whose major is hospitality management.

Dana Vivirito is a sophomore whose major is interdisciplinary liberal studies.

Gabriela Itzel Nunez of Centreville has been named to the dean's list at Bethany College for the fall semester 2012-13 academic year. Nunez, a senior history major is the daughter of Gabriel Núñez and Maggie Rossi.

Penn State Erie, The Behrend College, has awarded **Yun Park**, of Centreville, an undergraduate spring research fellowship.

Park, a senior, will study "Bullying and Exercise." The work will be supervised by Victoria Kazmerski.

SPORTS

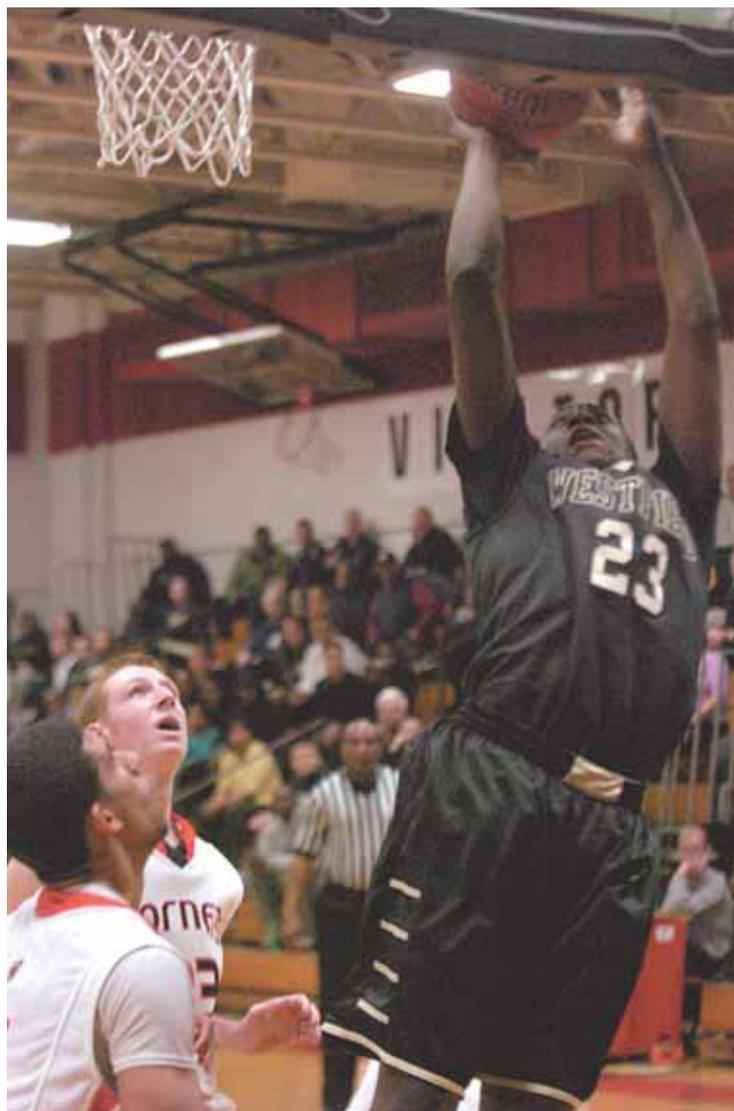
Westfield Boys' Basketball Falls to Herndon

The Westfield boys' basketball team lost to Herndon 89-72 on Tuesday.

According to stats from the Washington Post's Web site, C.J. Hill led Westfield with 21 points. Tre'Von Walton scored 18 points, Chris Mullins had 13 and Chauncey Beckett had 10.

Will Ferguson led Herndon with 33 points and Dorian Johnson had 20.

Westfield will close the regular season with a road game against Oakton at 7:30 p.m. on Friday, Feb. 8. As of Wednesday morning, Westfield and Oakton are tied for second in the district standings and could also be tied with Robinson, if the Rams beat Centreville on Wednesday night. The No. 2 seed in the Concorde District tournament receives an automatic regional tournament berth.



Westfield senior guard C.J. Hill shoots against Herndon on Feb. 5.

PHOTOS BY CRAIG STERBUTZEL/CENTRE VIEW

Centreville Girls' Basketball Beats Oakton

In a rematch of the top two girls' basketball team in the Concorde District, Centreville defeated Oakton 49-38 on Feb. 5 at Centreville High School. Jenna Green led the Wildcats with 22 points. Tori Collar, Clara Logsdon and Caroline Wakefield each had seven.

Oakton beat Centreville 65-48 in the season's first meeting on Jan. 18 at Oakton High School.

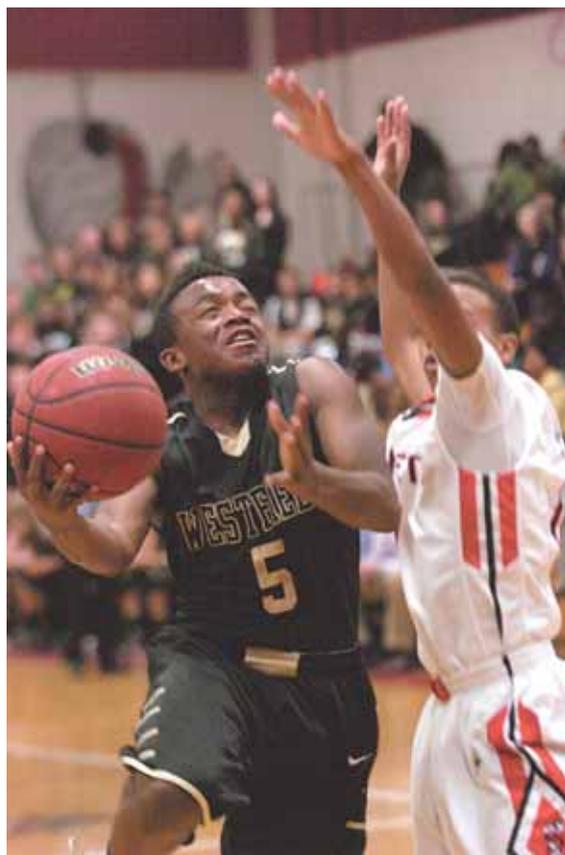
With the win, Centreville improved to 18-2 overall and 7-1 in the district. The Wildcats hosted Robinson on Wednesday, after Centre View's deadline. Centreville will close the regular season at Chantilly at 5:45 p.m. on Friday, Feb. 8.

Centreville Swim and Dive

The following Centreville athletes competed in the Concorde District meet and qualified for regionals: Rachel Anderson (100 fly, 200 IM, 200 medley relay, 200 free relay), Andy Balberde (200 free relay, 400 free relay), Paul Baumgartner (diving), Ryan Boll (200 free relay, 400 free relay), Jonathan Clark (200 medley relay, 200 free relay), Mackenzie Cripe (400 free relay), Kylie Cuomo (50 free, 100 free, 200 medley relay, 200 free relay), Kelsey Daily (400 free relay), Tae Hyun Jung (200 medley relay, 400 free relay), Tyler Kurowski (diving), Kyle Marshall (100 back, 200 medley relay, 400 free relay), Abby McCranie (50 free, 100 free, 200 medley relay, 200 free relay), Matthew Rice (200 medley relay, 200 free relay), Logan Ross (100 breast, 200 medley relay, 400 free relay) and Brooke Worley (200 free, 500 free, 200 free relay, 400 free relay).

Centreville Gymnastics

At the Concorde District gymnastics meet, Ciara



Westfield senior guard Chauncey Beckett drives to the basket against Herndon on Feb. 5.

Hoernke placed second on vault, fifth on bars, third on beam, fourth on floor and third in the all-around. She earned a trip to the regional meet on Feb. 6.

EUROPEAN IMPORTS SERVICE AND PARTS

Since 1985 dedicated to keeping your European Import in factory condition with:

- Factory trained master technicians • Genuine European Manufacturers' parts • Emissions Certified Repair
- 24-hour drop off and pick up • Most extended warranty policies accepted • Rental car reimbursement program

\$25 OFF Oil Change

Viking Automotive

14500-B Lee Rd., Chantilly

703-817-0650

visit us at www.vikingautomotive.com

Throw a great birthday party for your little one!

We put the ART in Party!

- FUN • AFFORDABLE • EASY • SPACIOUS

FUN FOR ALL AGES!

call **703.817.1051** or visit www.claycafechantilly.com

13894 Metrotech Dr. • Chantilly (Just to the left of Petsmart)

VS.

Saturday, Feb. 9 • 2:00 PM

Patriot Center

Kid's Day
Free Webkins stuffed animal giveaway & ice cream for kids 12 & under!

866-697-0449
GOMASON.COM

[f FB.COM/MASONATHLETICS](https://www.facebook.com/MASONATHLETICS) [t @MASONATHLETICS](https://twitter.com/MASONATHLETICS)

ZONE 4:
• CENTREVILLE

EMPLOYMENT

703-917-6464

ZONE 4 Ad DEADLINE:
WEDNESDAY 1 P.M.

ZONE 4:
• CENTREVILLE

CLASSIFIED

703-917-6400

ZONE 4 Ad DEADLINE:
MONDAY NOON

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!

NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!

301-333-1900
Weekdays 9-4

Auto/Equipment Mechanic

Seeking self-motivated, energetic individual to perform maintenance and repair of Estate vehicles and equipment. Minimum of 2 years combined experience in automobile mechanic and equipment maintenance trades. Excellent benefits package. See website www.MountVernon.org <<http://www.MountVernon.org>>

For details. To Apply:
HRMail@MountVernon.org
<<mailto:HRMail@MountVernon.org>>
or Fax: 703.780.8320. EOE

George Washington's
MOUNT VERNON

WE ARE COMFORT KEEPER®
EXPERIENCE THE JOYS AND REWARDS
Of Being A Comfort Keeper®

HERE IS A JOB THAT IS FULFILLING IN MORE WAYS THAN ONE! We are looking for Companions and CNA's to help our clients remain independent in their homes. Weekends, Short Shifts and Driving Live ins. To learn about becoming a Comfort Keeper visit us at www.BeAComfortKeeper.com

 **703-591-7117**
Over 600 independently owned & operated offices worldwide

Freelance Reporter

To cover news plus events features in Mount Vernon. Rewarding, flexible work, pay is nominal. Email letter, resume plus clips to mkimm@connectionnewspapers.com



Bookkeeper

Connection Newspapers in Old Town Alexandria has an immediate opening for a Full Charge Bookkeeper. Duties include payroll, tax filings, accounts receivable and payable, invoicing, general ledger and financial statements. Applicant must be an expert in Quickbooks and proficient Microsoft Excel. Applicant must possess a strong work ethic, people skills, team attitude and be able to multi-task. Near King Street Metro. Free parking. Flexible hours, 24-30 hours/week. Email cover letter, resume to resumes@connectionnewspapers.com



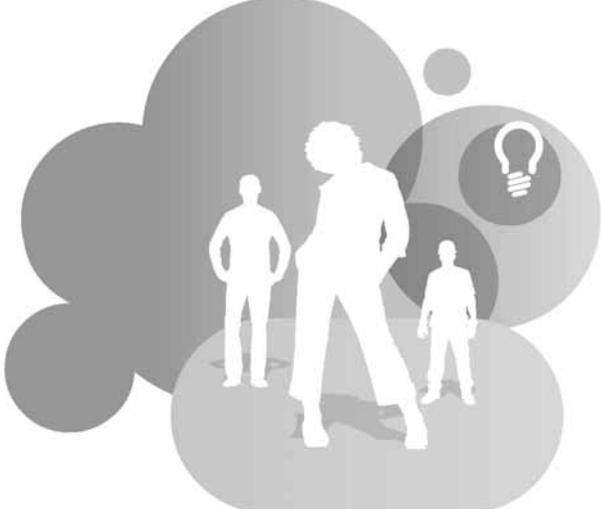
Advertising Sales

Work part-time in and near your home office
Enjoy commissions and flexible hours

Great opportunity for outside sales person to work primarily in and near your home. Use relationship selling to create and expand community print and internet advertising campaigns to local businesses for Connection Newspapers, Northern Virginia's best-read community newspapers and websites.

Keep productivity high and commuting low while working close to home. After a short training period, travel to our Old Town Alexandria headquarters and production facility required only once or twice a week during off-peak traffic hours. Call 703-778-9431 for details.





ridiculously innovative for 137 years.

That's quite a record of innovation. AT&T is pioneering, hard-working, and looking for someone just like us. Throughout our history, we've helped people like you connect with training, technology, and the opportunity to grow. How much can we accomplish together? It's ridiculous.

Northern Virginia
OPEN HOUSE
Come by and meet our hiring team!
Thursday, February 21, 2013
10am - 7pm
Holiday Inn Arlington at Ballston
4610 North Fairfax Drive
Arlington, VA 22203

Connect today at: www.att.jobs/experience

Diversity is the AT&T way of standing apart. Equal Opportunity Employer. © 2013 AT&T Intellectual Property. All rights reserved. AT&T and the AT&T logo are trademarks of AT&T Intellectual Property.



26 Antiques 21 Announcements 21 Announcements 21 Announcements

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email: theschefer@cox.net

110 Elderly Care

Elderly Companion Caregiver
Excellent refs
15 yrs Exp.
contact Phyliss

571-285-1431

A new option for people with Macular Degeneration

Find out if the new implantable miniature telescope can help you see better.



Call for a FREE phone consultation with Dr. Armstrong, Optometrist
Offices in: Roanoke, Charlottesville, Harrisonburg, Wytheville

(866) 321-2030
Dr. David L. Armstrong VirginiaLowVision.com

AMERICA LAW GROUP, INC. with 14 Virginia offices

"Plain & Simple" DIVORCE* Start with just \$85
No need to appear in court. No-terms, cooperative divorce must be separated one year. Call: **804-245-7848**. Start your case documents with \$85 paid. Easy payments of \$100 per month. Total cost: \$585.

BANKRUPTCY* OR DEBT ADJUSTMENT*
Yes, we do **File 13s with only \$9 paid** on attorney fees and \$281 court fee. First trustee payment at signing. Our fees paid through your plan payment. Debt Relief Agency *Call for fees and restrictions. For help call **804 Debt Law (332-8529)** anytime 24/7
© America Law Group Inc. 2800 N. Parham Rd. Richmond 23294 Jfellows.Htrce

Employers:
Are your recruiting ads not working in other papers?
Try a better way to fill your employment openings

THIS AD FOR SALE!

Reach across Virginia with this ad!
No other media offers the audience of loyal, local, repeat readers you'll reach through community newspapers!

71% of American adults have used a newspaper, a newspaper website and/or a newspaper mobile source in the past 30 days. (Scarborough Research 2012)

Virginia Press Services will run this business card-size display ad across Virginia for one low discounted price. For more details, call Adriane at 804-521-7585.





MEDICAL CAREERS BEGIN HERE

Train ONLINE for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV authorized.

Call **888-354-9917**
www.CenturaOnline.com

Centura COLLEGE

- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.


to your community

703-917-6464
classified@connectionnewspapers.com

Great Papers • Great Readers
Great Results!

Outer Banks, NC Vacation Homes!


VACATIONS & SALES

Over 500 Vacation Homes, from Duck to Kill Devil Hills to Corolla, Outer Banks, Oceanfront to Soundfront, Private Pools, Hot Tubs, Pets and More...

Book Online at www.brindleybeach.com
1-877-642-3224
"SERVICE FIRST... FUN ALWAYS!"

AIRLINE CAREERS BEGIN HERE


AVIATION INSTITUTE OF MAINTENANCE

Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. SCHEV certified. CALL Aviation Institute of Maintenance
888-245-9553

HOME & GARDEN

703-917-6400

ZONE 4:
• CENTREVILLE

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

ZONE 4 AD DEADLINE:
MONDAY NOON

A Complicated Answer



By KENNETH B. LOURIE

And a further explanation and corollary to last week's column: "A Simple Question," which attempted to sort through my reactions to being asked an extremely innocent, appropriate, well-intended and always appreciated courtesy: "How are you?" and the problem that it sometimes causes me. That problem being: a question which had it not been asked would then not require an answer. An answer that I'll always give, but not before I've given it some thought, which if I hadn't thought about, wouldn't have bothered me in the least. And in the most, it doesn't really bother me, but after four years, a sort of cancer-fatigue has set in. I'm tired of talking about it. "Not that there's anything wrong with that"; being asked the obvious question. Still, if I'm going to keep pretending that my coast is semi-clear, I'd rather not be reminded that five hundred years ago, that coast/horizon represented the end of the world.

This first paragraph was yet another attempt by yours truly to offer some insight into the thought process of a cancer survivor (OK, maybe just this cancer survivor; or a person with some issues, although I would deny that). The related point being that there are the obvious problems being a cancer patient (need I elaborate?) and then there are the less-than-obvious, almost subliminal-type problems which can just as easily ruin your day – and night, as much if not more than a chemo-cocktail infused straight into your body for six hours every three weeks can.

And just like the Philadelphia-born comedian, David Brenner, used to joke about mosquitoes: "It's not the ones you hear you should worry about, it's the ones you can't hear." So too with cancer. There's plenty to worry about that you know – or think you know or have heard about, or maybe have even anticipated: lab work, diagnostic scans, biopsies, surgery, chemotherapy, radiation, doctor's appointments, etc. But it's the down time, the private time alone and away from all the people, places and things with which you've grown familiar and dare I admit, accustomed, that becomes cherished. Then, when you least expect it, a courtesy question inquiring about your overall health, not even one particularly cancer-centric. Still, the question takes you (at least it does to me), right back to cancer central. The one place – for me, I try to avoid. The one place I never imagined I'd be, and now that I'm there often, the one place where I'd rather not be reminded that I semi-reside.

Four years post diagnosis, I realize this jackpot I find myself in is hardly a winning hand, and it's more than a bad dream. It's a reality. Yet avoiding the nightmare directly – and indirectly, as often as possible, has been my M.O. I can't say I've been particularly successful doing so, but I've had my moments and have made my peace. However, it's the random nature of the spoken and written word that occasionally has undercut my emotional foundation. A foundation built on a lifetime living and learning, trying not to make a bad situation worse; and one striving to not be irrational, unreasonable, illogical and ill-prepared for all that life throws at you. I ceded control four years ago and now when I'm asked, "How I'm doing?", I'm always reminded how fragile and unpredictable life can be; "the slings and arrows of outrageous fortune," as Cerphe used to say back in the day, on the original WHFS.

I know – and appreciate – that you have to ask. Please understand that sometimes, I might not feel like answering.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

CLEANING

A CLEANING SERVICE
Since 1985/Ins & Bonded
Quality Service at a Fair Price
Satisfaction Guaranteed-
Angies List 2011-Super Service Award!
Comm/Res. MD VA DC
acleaningserviceinc.com
703-892-8648

IMPROVEMENTS

Picture Perfect Home Improvements
(703) 590-3187 www.pphionline.com
Remodeling Bathrooms, Kitchens & Basements
• FREE Estimates Exterior & Interior Repair,
• FAST & Reliable Service Painting, Carpentry, Wood Rot,
• EASY To Schedule Drywall, All Flooring, Decks
• NO \$\$\$ DOWN!
Handyman Services Available "If it can be done, we can do it"
Licensed - Bonded - Insured

HAULING

AL'S HAULING
Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell
7 DAYS A WEEK

PAINTING

PATRIOT PAINTING
www.PatriotPainting.net
Wallpaper Removal, Carpentry, Power Washing, Int/Ext Painting
Free Est. • Satisfaction Guar. Lic./Ins. Int./Ext.
703-502-7840
Cell 571-283-4883

ELECTRICAL

K&D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated
Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...
Office 703-335-0654
Mobile 703-499-0522
Licensed/Bonded/Insured

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION
BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE
You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
We Accept VISA/MC
703-441-8811
Licensed Insured

ANGEL'S HAULING
Junk Trash Removal, Yard/Construction Debris, Garage/Basement Clean Out, Furniture & Appl.
703-863-1086
703-582-3709
240-603-6182

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris Trimming & Topping Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned Small Repairs • Gutter Guards
PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawsandgutters.com
web: lawsandgutters.com
Friendly Service with a Friendly Price!

LANDSCAPING

J. REYNOLDS 703.919.4456
Landscaping LLC Free Estimates
www.ReynoldsLandscapingOnline.com Licensed / Insured
INSTALLATION SPECIALIST WET BASEMENT / WET YARD
Paver & Flagstone Patios / Walkways Retaining Walls Stacked Field Stone Plants / Trees / Shrubs
Water Proofing Foundations Standing Yard Water French Drains / Swales Downspout Extensions Dry River Beds
•No sub-contractors, or day laborers. •15 Years Designing and Installing
•The Owner is physically on your job site. •On time and Professional.

LANDSCAPING

A&S LANDSCAPING
Planting • Mulching • Sodding Patios • Decks • Driveway Sealing, Asphalt • Retaining Walls Erosion Control • Drainage Solutions
703-863-7465

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

IMPROVEMENTS

R&N Carpentry
♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

PINNACLE SERVICES, INC.
LAWN SERVICE
MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES
Friendly Service for a Friendly Price
703-802-0483

ANGEL'S LAWN MOWING
Leaf & Tree Removal
703-863-1086
703-582-3709
240-603-6182

R.N. CONTRACTORS, INC.
Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail

J.E.S Services
LANDSCAPE & CONSTRUCTION
Drainage Problems
• Patios • Walkways
• Retaining Walls
• Landscape Makeovers
Call: 703-912-6886
Free Estimates

HOW TO SUBMIT ADS TO THE CONNECTION
Newspapers & Online
CLASSIFIED
DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411
EMPLOYMENT
DEADLINES
Zones 5, 6.....Tues @ 11:00
Zones 1, 3.....Tues @ 4:00
Zone 2.....Wed @ 11:00
Zone 4.....Wed @ 1:00
E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411
ZONES
Zone 1: The Reston Connection
The Oak Hill/Herndon Connection
Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette
Zone 4: Centre View North
Centre View South
Zone 5: The Potomac Almanac
Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

A&S Landscaping
• All Concrete work
• Retaining Walls • Patios
• Decks • Porches (incl. screened) • Erosion & Grading Solutions
• French Drains • Sump Pumps
• Driveway Asphalt Sealing
703-863-7465
LICENSED
Serving All of N. Virginia

ROOFING

Falcon Roofing
Roofing & Siding (All Types)
Soffit & Fascia Wrapping
New Gutters • Chimney Crowns
Leaks Repaired
No job too small
703-975-2375
falconroofinginc.com

CENTREVIEW CLASSIFIED
Classified or Home • Lawn • Garden:
703-917-6400
Employment: 703-917-6464
E-mail: classified@connectionnewspapers.com

ENTERTAINMENT

FROM PAGE 9

3883.
E-book Help. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get any questions about their eBook reader answered. Free. Registration required. 703-502-3883.
Chantilly Book Discussion Group. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can call and ask for title. Free. 703-502-3883.
Tax Assistance. 6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

THURSDAY/FEB. 14

Civil War Lecture. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults and school age children can call for lecture title. Free. 703-830-2223.
English Conversation Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

FRIDAY/FEB. 15

Comedy Showcase. Doors open at 7:30 p.m., show starts at 8 p.m. at Sully's Restaurant and Lounge,



Cabaret 2012

14513 Lee Jackson Memorial Highway, Chantilly. Mike James headlines with Graham Hall, Becca Steinhoff and Kat Timpf. Allison Wruk is host. \$5/cover includes DJ after. 703-818-9292.

SATURDAY/FEB. 16

Tax Assistance. 10 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can get help from IRS-certified volunteers. Free.

SUNDAY/FEB. 17

Train Display. 1-4 p.m. at the Fairfax

Choral Cabaret

Centreville High School's Choral Program annual fundraising event, Choral Cabaret, is Saturday, Feb. 9 at 7 pm. This is a "Coffee House" style program that the choir presents in the school cafeteria. Have an evening out listening to students sing while the audience enjoys dessert, coffee and tea. There will also be a silent auction and a raffle for prizes like restaurant gift cards. Entrance fee is \$10 for adults and \$5 for students.

Station Railroad Museum. There will be a display by the Northern Virginia NTRACK members. \$3/adult; \$1/child. Visit www.fairfax-station.org or 703-425-9225.

TUESDAY/FEB. 19

Flower Talk. 2-4 p.m. at Merrifield Garden Center Fair Oaks. Arlington Rose Foundation hosts Tara Krause of the Organic Perfumery, discussing "Roses and the Lost Art of Natural Perfumery." Free. Rose bouquets as door prizes. 703-371-9351.

English Conversation Group. 10:30 a.m. at Chantilly Regional Library,

4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Bouncin' Babies. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Storytime. 130 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 3-5 can enjoy stories and activities. Free. Registration required. 703-502-3883.

AARP Tax Assistance. 4-8 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Preference given to older adults. Free. 703-830-2223.

Tuesday Tales. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy music, movement and fun. Free. Registration required. 703-502-3883.

WEDNESDAY/FEB. 20

Toddlin' Twos. 10:30 and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcome.

THURSDAY/JAN. 31

Registration Open House. 9:30-11:30 a.m. at Clifton Children's Academy, 14315 Compton Road, Centreville. Come tour the school and register for morning, afternoon or full-day preschool classes. Visit www.childrensacademy.com or 703-968-8455 to register for one of the open houses.

THURSDAY/FEB. 7

Program Information. Learn about Lifetime Leadership Program at 11 a.m. at Leadership Fairfax, 8230 Old Courthouse Road, Suite 350, Vienna.
Program. 11 a.m.-noon at Leadership Fairfax offices, 8230 Old Courthouse Road, Suite 350, Vienna. Learn how to use accumulated skills and leadership to make a difference in the community. For more information or to RSVP for one of the information sessions, contact Moniek by email Moniek@leadershipfairfax.org or by phone 703-752-7504. For additional information about Leadership Fairfax, visit www.leadershipfairfax.org/lifetimeleaders.

SATURDAY/FEB. 9

Second Saturday. 9 a.m. at Marriott Courtyard, 11220 Lee-Jackson Highway, Fairfax. Professionals speak towards educating spouses about separation and divorce process in order to encourage them to be civil and reasonable for their pocketbooks, emotional health and children. RSVP to clapham@beankinney.com.

SUNDAY/FEB. 10

Learn about Fragrances. 2-4 p.m. at Merrifield Garden Center, 12101 Lee Highway, Fairfax. Learn about roses, botanicals and herbs. Free. Rose bouquets as door prizes. 703-371-9351.

THROUGH FEB. 15

Singing Valentines. 9 a.m.-9 p.m. The Fairfax Jubil-Aires barbershop chorus will serenade a loved one at work or at home with a special message. \$50 from Feb. 9-13; \$70 on Feb. 14-15. Price includes two songs sung in person, a rose and chocolates and a card. \$30 for a telephoned singing Valentine delivered anywhere, includes two songs and a greeting. Purchase at www.fairfaxjubilaires.org.

MONDAY/FEB. 18

Garden Club. 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Learn how to increase home grown produce. Free. Visit centrevillegardenclub.blogspot.com for more.

THROUGH FEB. 18

Application Deadline. Applications are due for the inaugural Citizens Fire & Rescue Academy. Learn what firefighters and paramedics do every day. Must be at least 18 and apply online at www.fairfaxcounty.gov/fr/cfa.

TUESDAY/FEB. 19

Presentation. 7 p.m. at Greenbriar Community Center, 4615 Stringfellow Road. GFWC-Western Fairfax County Woman's Club presents "Infection Control: Not Just for Hospitals." Free. 703-631-7093.

Communities of Worship

To highlight your faith community, call Karen at 703-917-6468

CENTREVILLE

THE CHURCH OF THE ASCENSION



Traditional Anglican Service
 1928 Book of Common Prayer

Holy Communion 10 A.M. Sundays
 (with Church School and Nursery)

Evening Prayer and Bible Study 7 P.M. Wednesdays

13941 Braddock Road, (north off Rte. 29) Centreville, VA
 703-830-3176 • www.thechurchoftheascension.org



Sunday Services at Centreville Presbyterian Church



Loving Christ



Loving People



Serving the World

Sunday Worship with us:
 8:45 & 11:00am
 with Sunday School
 at 10:00am

www.centrevillepres.com
 15450 Lee Highway,
 Centreville, VA 20120
 703-830-0098



Centreville
 PRESBYTERIAN CHURCH

Saint Andrew Lutheran Church

Sunday Worship: 8:30 a.m., 11:00 a.m.

Christian Education for All Ages: 9:45 a.m.

Adult Bible Study: Wed. 9:30 a.m.

*Our mission is to welcome all people,
 to grow in our relationship with Christ,
 and to serve the Lord*

Braddock Road and Cranoke Street
 Centreville, VA 20120

www.saintandrewlc.org

703-830-2768

CENTREVILLE BAPTIST CHURCH



SUNDAY WORSHIP SERVICES

9:15 AM CELEBRATION SERVICE
 11:00 AM CONTEMPORARY SERVICE

COMMUNITY GROUPS

Sundays at 8:00, 9:15 & 11:00 am
 Nursery through Elementary, Youth, College Age,
 Singles, Men, Women, Choir, Awana,
 GoGo (Older adults), Bible Study Fellowship,
 MOPS (Mothers of Preschoolers), English Language
 Classes and Spanish Speaking Ministry

15100 Lee Highway, Centreville, VA 20120
 703-830-3333 www.cbvva.org